



Golden Yellow Cupcake with
White "Ice Box" frosting
MINI

Chocolate Cupcake with
Chocolate "Ganache" frosting
MINI

Nutrition Facts

Serving Size 1 cupcake (29 g)
Servings per container 1

Amount Per Serving

Calories 117 **Calories from Fat** 59

% Daily Value*

Total Fat 7g 11%

Saturated Fat 2g 9%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 70mg 3%

Total Carbohydrate 14g 5%

Dietary Fiber 1g 3%

Sugars 8g

Protein 0g

Vitamin A 2% ● Vitamin C 0%

Calcium 0% ● Iron 1%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.

Nutrition Facts

Serving Size 1 cupcake (31 g)
Servings per container 1

Amount Per Serving

Calories 129 **Calories from Fat** 83

% Daily Value*

Total Fat 10g 15%

Saturated Fat 4g 18%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 60mg 3%

Total Carbohydrate 12g 4%

Dietary Fiber 2g 6%

Sugars 5g

Protein 1g

Vitamin A 8% ● Vitamin C 0%

Calcium 1% ● Iron 3%

*Percent Daily Values are based on a 2,000 calorie diet.
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your calorie needs.

How to eat an Izzi B's cupcake

Cupcakes are a fresh baked product and do not contain preservatives; please enjoy day of purchase to ensure freshness or store in an air-tight container for up to 3 days. Cupcakes should be eaten at room temp. No need to refrigerate. If you would like to freeze fresh cupcakes, freeze in air-tight container.

Thaw to room temp (4 hrs for regular size, 2 hrs for mini cupcakes).

How to get an Izzi B's cupcake

1 - Call us at 203.810.4378 or order online at www.ibcakes.com.

Please pre-order fresh baked custom orders to be picked up in

Norwalk by appointment, delivered or shipped frozen.

2 - Visit your local market (complete list at www.ibcakes.com)